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HAPPINESS

Everyone wants to be happy. What does happiness mean? Happiness for all of us means living in comfort or luxury. Roti, kapda, and makan (food, clothing, and shelter) are the minimum needs. and one of them was happy once. A century ago, these minimum requirements were not fulfilled, but certain policies of the government and advancements made on different fronts have brought these comforts to the door of everyone.

Now that one's minimum needs are fulfilled, it's no wonder people are vying for more comforts, aka luxuries. A luxury is something that is not a necessity and without which one can survive. For instance, one can do without a perfume, rich marble flooring, car, or A.C. At one time, people were happy when they had shelter, food, and clothing. Now even clothing has different luxurious styles. Dining out is now much sought after. Gone are the days when students were happy with secondhand textbooks. Now, not only the school or college building but also everything about it has to be luxurious.

Why is this changing? Comparison. Man compares himself with others and wants to have what others have, even if it is beyond his capacity to acquire. Then there are people who sincerely and honestly work for them. A few others resort to dishonesty and corruption to achieve a luxurious life.

In other words, for their luxury, for their happiness, they cause unhappiness to others. When dishonesty among people increases, unrest also increases in society. Unrest in the society, in one form or another, causes unhappiness to everyone.

So to be happy, one has to try to give happiness to all. This cumulative happiness or happiness of all results in mental happiness. When you work only for yourself, you are happy. When everyone is taken care of, it gives you mental health. Physical happiness is welcome, but mental health is more valuable and affords real physical health.

Dr. B. Venugopalarao

From the Editor's Desk



**Dr. P .SWAPNA HAINDAVEE,
M.A. Ph.D
PRINCIPAL , GDC, RAJAM**

NEWS STAND

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*** SANKRANTI**

***ROAD SAFETY WEEK CELEBRATIONS**

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SANKRANTI SAMBARALU

On 9 January, as a prelude to Sankranti festival season, Sankranti Sambaralu were celebrated in the college with all pomp and grandeur befitting the occasion. The preparations for the programme began very early in the day, with the drawing of rangavallis at the entry points to the college. They were all decorated with myriad colours.

Boys and girls dressed in traditional clothes were all in display of the exuberance of the occasion. Happiness seemed to be on display aloud. Teaching and non teaching staff all attended the programme on dot and they were seen encouraging the students on undertaking tasks befitting the occasion.

Everywhere around, there was a wide display of colorful rangavallis. Principal of college, Dr. P. Swapna Haindavi, arranged for flowers, music system, Mike, garlands, flowers etc to add glory to the event. Students especially girl students were all guided into the ground to assist in the tasks specially designed. All the students and teaching and non teaching staff Dances to the tunes of songs marking the occasion.

Bon Fire or bhogi fire was arranged and all the students danced moving around it.

In all, The college wore tradition on its sleep on the day.





ROAD SAFETY WEEK CELEBRATIONS

A program was organized by the police department of Rajam on Road safety awareness on 20-1-23. In the programme presided over by the Vice principal, the circle inspector of police said that one has to take care while traveling on the road. Knowing road safety rules before a journey is essential, she said. One has to strictly follow the traffic rules for a safe journey, she categorically stated on the occasion. Vice principal, Prasada Rao, Sri Y. Bhaskararao, lecturer in Commerce, Srinivasa Rao, lecturer in politics, and other staff attended the event. A Rally was also organized on the occasion.

NATIONAL VOTERS DAY

In strict adherence to the instructions by the Election commission of India, as also the guidelines of the hon'ble Commissioner of Collegiate Education, Vijayawada, a special awareness program was organised in the college to sensitise students on the necessity of wisely exercising the vote. They were instructed to cast their franchise without any prejudices. An essay writing competition with the title ' Nothing like Vote- an Essay writing competition conducted. In all a total of 15 students participated in the competition and three students who excelled were announced prizes. Ms. Saraswati, of 1 year M.P.C and Ms. Girija of 1 B.A and Mr. Ganesh of 11B.A came out winners. On the eve of Republic Day, prizes were given away by the principal of college, Dr. P. Swapna Haindavi.



REPUBLIC DAY CELEBRATIONS

Preparations for the D day had begun quite early and students were advised to be in the college by 8 o'clock in the morning. Students started arriving in groups, some were agile in their steps while others were playing a wait and watch game. A few girl students had already started decorating the portals with ragolis of different hues, this time the drawings being the national flag flying in all gradeur. The rangoli was given the colours of the national flag.

The ground was decorated with colour papers displaying the colourful spirit of the day. Students who were gaily dressed were arranging all the things for the occasion. The spirit of the day was already in display all over. National flag was arranged on the pole. And the stereo was playing songs reflecting the mood of the day.

Programme was started by unfurling the national flag to the singing of the national anthem. Principal, Dr. P. Swapna Haindavi, in her speech suggested the students to emulate the national leaders and learn qualities of patriotism, bravery and sacrifice. She asked them to be regular to the college, in view of the demands of the new education policy.

All other teachers, in their speeches lauded the efforts of our freedom fighters. Sri Srinivasa Rao, lecturer in politics, speaking on the occasion recalled the history of our freedom struggle and narrated the efforts that went into the making of the constitution. He said that it took 2 years 11 months and 18 days. He explained that a constitutional committee was formed for the preparation of constitution and that the constitution draft committee was headed by Dr. B.R. Ambedkar. Saying that republic day is earlier than the republic itself, he explained that it marked the historic, 'Poorna Swaraj' declaration on January 26, 1930.



History lecturer Malleswara Rao, in his speech, narrated how the British plundered the riches of India. Chandrasekhararao, lecturer in Physics said that cautioned the students that they have to know their responsibilities. Dr. S. Radha, lecturer in Botany explained that they have to be careful as everything is linked to their FRS attendance. Ganapathi Rao, lecturer in Commerce, explained that republic day marks our complete independence and that it is a result of efforts to make it a complete document addressing all possible do and don't of a ruler, saying that it is made after carefully studying various constitutions of the world.

Then prizes were distributed to students who came out winners the essay writing competition. Winner of the first prize, Ms. Saraswati recounted the important episodes of framing of the Indian constitution. The second prize winner said that leaders like Ambedkar, Acharya J.B. Kripalani, Vallabhbhai Patel etc have exerted to make to make our constitution.

The programme ended with the singing janaganamana. Sweets were distributed to students at the end.

